

A Night Out Survival **Plus** Kit



One of Shining Mountians “Night Out Survival Plus Kits” contains the following:

1. Chapstick to ensure lips do not become dry and cracked
2. Condoms for that special someone
3. Condom case to Protect your protection
4. Mints to freshen your breath
5. 1 cc Syringe
6. One mini first aid Kit
7. 10 ml Sterile Water
8. Tie
9. Naloxone Kits
10. Advil for the next morning * please don't use this if you cannot take Ibuprofen
11. Lube for enhanced fun
12. Granola Bar a little bit of nourishment
13. Bottle of Water to rehydrate with
14. One personal panic alarm
15. One set of fingernail clippers
16. Alcohol Swab
17. Stericup
18. Card with blank space for contact number

These kits are intended for individuals that have been engaging in “Adult Activities.”



Shining Mountains Living Community Services
4925 46 Street
Red Deer AB, T4N 1N2
Phone: 403-346-9794 Fax: 403-346-9380
E-mail: elk@telusplanet.net